

Kindly Check your inbox and spam folder of your registered email for your **Username** and **Password** including other joining instructions (Refer to below image):

Welcome to IMO!



imoi@helms.in  
To isfmaritime@gmail.com  
Cc imoi@helms.in; Operations

Dear Ian ,

Thank you for registering on <https://imoi.helms.in>

You have successfully registered for 'Team Building & Conflict Management / TCM' course, and your login details are:

Username: [isfmaritime@gmail.com](mailto:isfmaritime@gmail.com)

Password: :

**Note:** Username and Password are case sensitive without any space.

**Requirement:**

1. **Device:-** Preferred device is a Desktop/Laptop. However, if a mobile or any other device is being used kindly ensure that t
2. **Internet Speed:-** Minimum 2.0 mbps internet speed for any device in use.
3. **Browser:-**  
**Windows:** IE 11+, Edge 12+, Firefox 27+, Chrome 30+  
**Mac:** Safari 7+, Firefox 27+, Chrome 30+


Thank you and Best Regards

Team Admin

This is an auto generated system email. Please do not reply to this.

**Carefully read the instructions provided below when accessing Course Material and Assessment.**

**INSTRUCTIONS ON HOW TO LOG IN ON HELMS, ACCESS ZOOM AND COURSE MATERIAL:**

1. Log in on <https://imoi.helms.in/>
2. Select the option **Enter** on the top right corner.
3. Then Select the option 
4. Enter your **username** and **password** as received in the registration email.


5. Once Logged in select the blue video Icon on the bottom right corner of the screen as seen in the below image which is marked in Red.

Name: Ian Creado Home Logout





## Dashboard

Feedback Activity Log Help

**Personal Details:**

 Upload Image	Login-Id:	operations@isfgroup.in
	Password:	1234
	Name:	Ian Creado
	Date-of-Birth:	04 Nov 1993
	Email-id:	operations@isfgroup.in
	Contact Number:	
	Address:	
	Nationality:	India
	Login Status:	Active

**Course Enrolled:**

Courses	Batch	Score(%)	Test Date	Action
Deck Rating Skill Training Virtual	DRSTV/2020/1 (12 Aug 2020 - 30 Sep 2020 )			   

6. You will now be redirected to a different tab giving two options on your screen
  - a) Join Live Classroom through Web-Browser and b) Join Live Classroom through Zoom App
7. Select "Join Live Classroom through Zoom App"

Join Live Classroom through  
**Web-Browser**

Join Live Classroom through  
**Zoom App**

8. Your screen will now reflect a pop up as shown below, select Open URL:Zoom Launcher

The screenshot shows a web browser window with the URL `imoi.helms.in/User/UserMeetingApp.aspx?b=MjE1MA==`. A browser dialog box titled "Open Zoom Meetings?" is displayed in the foreground. The dialog contains the text "https://us02web.zoom.us wants to open this application." and a checkbox labeled "Always allow us02web.zoom.us to open links of this type in the associated app". Below the checkbox are two buttons: "Open Zoom Meetings" and "Cancel".

The background page features the Zoom logo and a teal header bar with the text "Meeting-Id: 81350091757". Below the header, the page contains the following text:

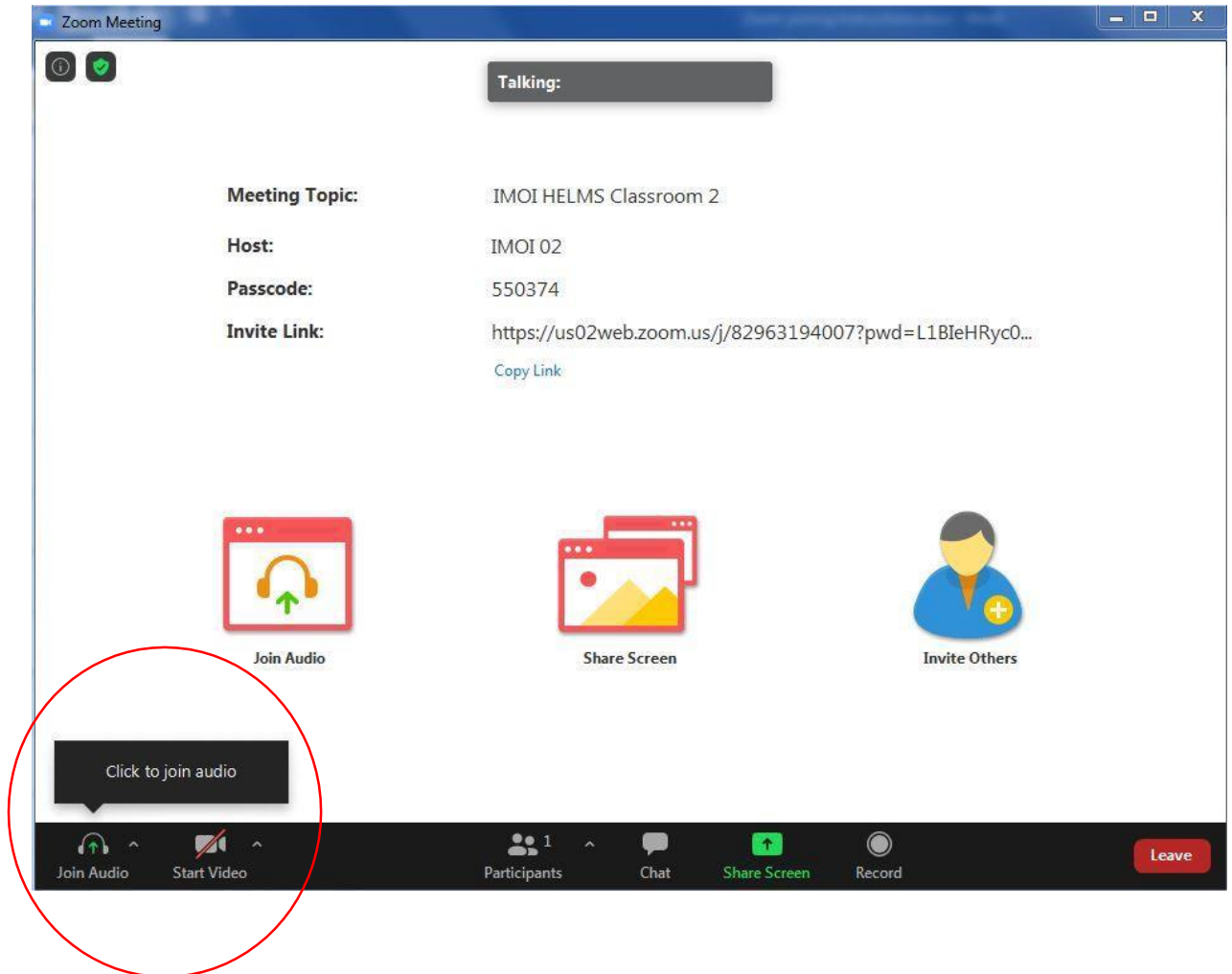
Click **Open Zoom Meetings** on the dialog shown by your browser  
If you don't see a dialog, click **Launch Meeting** below

By clicking "Launch Meeting", you agree to our [Terms of Service](#) and [Privacy Statement](#)

At the bottom of the page, there is a blue button labeled "Launch Meeting" and a link that says "Don't have Zoom Client installed? [Download Now](#)".

## INSTRUCTIONS FOR ACCESSING HELMS FOR SELF-STUDY

9. You zoom app will the open in another video as shown in the below image.
10. Then select the Marked option “Join Audio” and “Start Video”.



**Kindly Note: You Need to be signed in to your zoom app before starting the procedures as mentioned in this pdf.**

## INSTRUCTIONS FOR ACCESSING HELMS FOR SELF-STUDY


11. Select the course that has been assigned as circled in the below image.

**Name: Ian** Home Logout


### Dashboard

Activity Log Help

**Personal Details:**

 Upload Image	Login-Id:	isfmaritime@gmail.com
	Password:	1234
	Name:	ian
	Date-of-Birth:	
	Email-Id:	isfmaritime@gmail.com
	Contact Number:	
	Address:	
	Nationality:	India
Login Status:	<b>Active</b>	

**Course Enrolled:**

Courses	Batch	Action
<b>Team Building &amp; Conflict Management</b>	TCM/2020/1 (23 Jun 2021 - 25 Jun 2021 )	

12. Select the Subject from the Dropdown

**Course:** Team Building & Conflict Management

**Subject:** ---- Select Subjects ----  
---- Select Subjects ----  
Team Building & Conflict Management

No records found.


**Restricted On: Subject**

13. Select the 'eye' icon to view the course material.

**Name: Ian** Home Logout

**Course:** Team Building & Conflict Management

**Subject:** Team Building & Conflict Management

	Subjects	Topic	Sub-Topic	Faculty	Date	
1	Team Building & Conflict Management					

**Restricted On: Subject**

14. As shown in the image below you will then find all the course material in this section.

## INSTRUCTIONS FOR ACCESSING HELMS FOR SELF-STUDY

Name: Ian Home Logout  
«Back

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**Power Point Presentations**

Team Building & Conflict Management.pptx

**Handouts/Reference Notes**

No records found.

**Online Presentations**

**Assessments**

No records found.

**Useful References**

No records found.

**Important: Go through the course material thoroughly and attempt the Assessment only thereafter.**

### **INSTRUCTIONS ON HOW TO GO THROUGH THE ASSESSMENT:**

As mentioned above the Assessment shall be attempted only after you have fully finished viewing the Course Material.

Click on the home button and you will return to the dashboard. For attempting the Assessment:


1. Select the course that has been assigned as circled in the below image.

Name: Ian Home Logout

### Dashboard

Activity Log [Help](#)

**Personal Details:**

 Upload Image	Login-Id:	isfmaritime@gmail.com
	Password:	1234
	Name:	Ian
	Date-of-Birth:	
	Email-Id:	isfmaritime@gmail.com
	Contact Number:	
	Address:	
	Nationality:	India
Login Status:	<b>Active</b>	


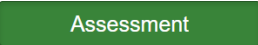
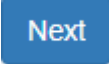


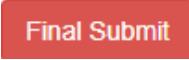
**Course Enrolled:**

Courses	Batch	Action
<b>Team Building &amp; Conflict Management</b>	TCM/2020/1 (23 Jun 2021 - 25 Jun 2021 )	

2. Select the option,

**Start Assessment**

## INSTRUCTIONS FOR ACCESSING HELMS FOR SELF-STUDY

- Carefully read and understand the set of Instructions, then click on the option, 
- Select the option 
- All the questions of your Assessment will appear on a sheet.
- Click on the text in the first question. A screen will open with certain options. You will click the appropriate option and move to 
- In case you want to skip the answer, you may do so by clicking on the  button. The program will allow you to return to the question later.
- After answering each question, you may return to any unanswered (skipped) questions by clicking on the  button.
- Once all the questions are answered click on the  button.
- Please note the Assessments are time bound (e. g. 15 minutes) after which you will not be permitted to answer any further questions.